

Saturday, 7 June 2025

FESTIVAL 6-9 JUNE 2025 • HAMBURG							
	Studio 1	Studio 2	Studio 4	Studio 6	Studio 7	Baladin	
8:30 – 9:45	Arrival & Check-In		🍴 Breakfast Buffet every Day 8:00 – 9:45				8:30 – 9:45
10:00 – 11:30 Lesson A	Welcome Session @Studio 7 for all					All Artist	10:00 – 11:30 Lesson A
11:50 – 13:20 Lesson B	Music in the Moment Merel	The Rhythm Groove Manifesto James	Resources and Easy Choreos for Teaching Anna	Play in 3 Rémi	Get started with Body Percussion "Schnupper" Charles	Batucada Brincadeira Estêvão	11:50 – 13:20 Lesson B
13:20 – 15:00	Lunch Break						13:20 – 15:00
15:00 – 16:30 Lesson C	Body Music and Gesture of Brazilian Dances Charles	Rhythm, Dance & Voice Lab (1/2) Quelen	Whose Bodies Count? Bodyism, Lookism, and Intersect. Power Structures Rebekka	The Embodied Voice Kate	Play with Music Estêvão	Humanophones Vocal Body Music Rémi	15:00 – 16:30 Lesson C
16:50 – 18:20 Lesson D	Sing Powerballads in Choir Merel	Layers of Movement Will	TaKeTiNa - Rhythm Meditation Esther	Let Your Synapses Dance: Festival Songs Hacks Ben	Shaker Beats: The Eggsperience Anna	STOMP Technique Sarah	16:50 – 18:20 Lesson D
20:30	Open Stage @Studio 1						20:30

Sunday, 8 June 2025

	Studio 1	Studio 2	Studio 4	Studio 6	Studio 7	Baladin	
8:30 – 9:45	Arrival & Check-In		🍴 Breakfast Buffet every Day 8:00 – 9:45				8:30 – 9:45
8:45 – 9:15 Pre-Lesson I		Warm-up: Tuning the Body Anita					8:45 – 9:15 Pre-Lesson I
9:20 – 9:50 Pre-Lesson II	Good Morning Circle Music @Studio 7 for all		📄 Infos for the Day			James & Ben	9:20 – 9:50 Pre-Lesson II
10:00 – 11:30 Lesson A	Play with Music Estêvão	Music in the Moment Merel	Embodying Pulsation Quelen	Bodydrum meets Hip Hop Dance Sarah	Get started with Body Percussion "Schnupper" Ben	Play in 3 Rémi	10:00 – 11:30 Lesson A
11:50 – 13:20 Lesson B	Catch the Rhythm: Sing-Along "Home" Merel	Journeys in Voice (1/2) James	TaKeTiNa – Exploring Odd Metres Esther	Humanophones Vocal Body Music Rémi	Shaker Beats: The Eggsperience Anna	Body Music and Gesture of Brazilian Dances Charles	11:50 – 13:20 Lesson B
13:20 – 15:00	Lunch Break		📷 Festival Group Picture with Everybody				13:20 – 15:00
15:00 – 16:30 Lesson C	From Body Percussion to Circle Song Charles	The Rhythm Groove Manifesto James	Layers of Movement Will	Rhythm, Dance & Voice Lab (2/2) Quelen	Spoon Beats – Music in Your Hands Estêvão	Resources and Easy Choreos for Teaching Anna	15:00 – 16:30 Lesson C
16:50 – 18:20 Lesson D	Stepping: Physicality in Body Percussion Briana	Flamenco Rhythms Bel	Whose Bodies Count? Bodyism, Lookism, and Intersectional Power Structures Rebekka	Beatbox Edgar	The Embodied Voice Kate	Odd Meter Vocal Improv Jaka	16:50 – 18:20 Lesson D
21:00	Body Rhythm Night @FABRIK						21:00

Monday, 9 June 2025

	Studio 1	Studio 2	Studio 4	Studio 6	Studio 7	Baladin	
9:00 – 9:45	Arrival & Check-In		🍴 Breakfast Buffet every Day 8:00 – 9:45				9:00 – 9:45
9:20 – 9:50 Pre-Lesson I		Warm-up: Tuning the Body Anita					9:20 – 9:50 Pre-Lesson I
10:00 – 11:30 Lesson A	Sing Powerballads in Choir Merel	STOMP Technique Sarah	TaKeTiNa – Rhythm Meditation Esther	Beatbox Edgar	Get started with Body Percussion "Schnupper" Anna	Percussive Dance Quelen	10:00 – 11:30 Lesson A
11:50 – 13:20 Lesson B	Simple to Complex Harmony James	Let Your Synapses Dance: Festival Songs Hacks Ben	Borrowing or Stealing? Critical Discussion on Cultural Appropriation in Music and Dance Tejan	Stepping: Physicality in Body Percussion Briana	Spoon Beats – Music in Your Hands Estêvão	Humanophones Circle Music Rémi	11:50 – 13:20 Lesson B
13:20 – 15:00	Lunch Break						13:20 – 15:00
15:00 – 16:30 Lesson C	Shaker Beats: The Eggsperience Anna	Journeys in Voice (2/2) James	TaKeTiNa – Move & Groove in Polyrhythms Esther	Embodying Pulsation Quelen	South American Fusion: "Yaká oro nidjé o" Charles & Ben	Bodydrum meets Hip Hop Dance Sarah	15:00 – 16:30 Lesson C
16:50 – 18:20 Lesson D	Closing Circle @Studio 7 for all					All Artists	16:50 – 18:20 Lesson D
19:00	Anniversary-Afterglow: Food, Friends & Jam @PHOENIX					Catering by KRÄP	19:00

● Open Level  
● Intermediate/Advanced  
● Guest-WS

● Cooperation  
● Event

We indicate two levels to help you estimate how difficult each workshop is. But you can choose which workshop you would like to attend.