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Body RHYTHM Festival

FREITAG / FRIDAY 7 June 2019

19:00 – 22:00 **Opening Event:** Peter Stavrum Nielsen & Rune Thorsteinsson (at Hebebühne)
Doors open: 19:00, Show starts: 20:00

SAMSTAG / SATURDAY 8 June 2019

	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
8:30 – 9:50	Arrival & Check-in Coffee & Tea			
10:00 – 11:30 Lesson A	Welcome! by all Artists (Studio 1)			
11:50 – 13:20 Lesson B	Vocal Games by Kool & The Gang	Guest Workshop by Rune	Brazilian Dances & Rhythms by Charles	Rhythm Choreographies by Santi
13:20 – 15:00	Lunch (Studio 1)			
15:00 – 16:30 Lesson C	Odd Meters & Clave by Max	Embodying Rhythm by Anna	Rhythmic & Melodic Mandalas part 1 by Charles	Introduction to Body Percussion by Ben
16:50 – 18:20 Lesson D		Games, Improv & Beats by Peter	Stage Work by Sarah	Konnakol by Alex
20:30 – 23:00	Open Stage Party (at Bewegungswelten Studios)			

SONNTAG / SUNDAY 9 June 2019

	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
8:30 – 9:20	Arrival & Check-in Coffee & Tea			
8:45 – 9:15 Pre-Lesson I	Warm-up Stretching Yoga			
9:20 – 9:50 Pre-Lesson II	Wake Up Circle Music (Studio 1)			
10:00 – 11:30 Lesson A	Rhythmic & Melodic Mandalas part 1 by Charles	Games, Improv & Beats by Peter	Vocal Painting by Kool & The Gang	Rhythm Pedagogy by Santi
11:50 – 13:20 Lesson B		Embodying Rhythm by Anna	Improvisation with Voice & Body by Max	Festival Song by Ben
13:20 – 15:00	Lunch (Studio 1)			
15:00 – 16:30 Lesson C	Batá Rhythm & Dance by Sarah	The Chair Dance by Max	Konnakol by Alex	Rhythm Choreographies by Santi
16:50 – 18:20 Lesson D	Sing & Groove by Peter	Embodying Rhythm by Anna	Schnupperkurs/Taster Course by Charles (Open to Public)	TaKeTiNa by Esther
20:00 – 23:00	Festival Show (at Fabrik) Doors open: 20:00, Show starts: 21:00			

MONTAG / MONDAY 10 June 2019

	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
8:30 – 9:50	Coffee & Tea			
9:10 – 9:50	Arrival & Check-in			
9:20 – 9:50 Pre-Lesson I	Warm-up Stretching Yoga			
10:00 – 11:30 Lesson A	Choreography by Peter	The Chair Dance by Max	Vocal Games by Kool & The Gang	Kidz Workshop (8–12 Jahre) by Sarah
11:50 – 13:20 Lesson B		Embodying Rhythm by Anna	Rhythm Pedagogy by Santi	Konnakol by Alex
13:20 – 15:00	Lunch (Studio 1)			
15:00 – 16:30 Lesson C	Rhythmic & Melodic Mandalas part 2 by Charles + Ben	Batá Rhythm & Dance by Sarah	Vocal Games by Kool & The Gang	TaKeTiNa by Esther
16:50 – 18:20 Lesson D	Final Jam by all Artists (Studio 1)			

● All levels ● Beginners ● Intermediate/Advanced

Mit der Einteilung in drei Level möchten wir Dir eine Hilfestellung zur Einschätzung des Schwierigkeitsniveaus geben. Du kannst aber selbst entscheiden, welche Kurse Du besuchen möchtest. With the division into three levels we would like to help you to estimate the level of difficulty. However, you can decide for yourself which courses you want to attend.