

concerts



Opening Concert with Lior Shoov

When? 17 May 2024, 20:00 h

Where? Lichthof Theater

The Israeli artist, based in France, is a master of subtle nuances. Lior finds the inspiration for her mostly improvised lyrics and melodies in the depths of her emotions. In her interaction with the audience, she manages to bring alive a wonderful authenticity.

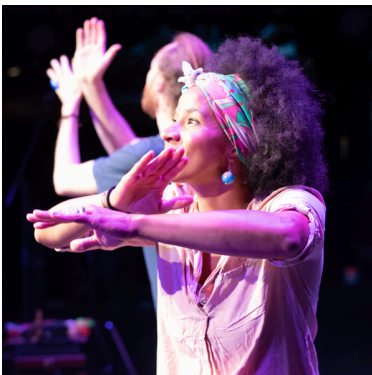


Open Stage Party

When? 18 May 2024, 20:30 h

Where? Bewegungswelten Studios

All festival participants are invited to showcase their talent in the areas of body percussion, voice, dance, comedy... . Groups of participants often form spontaneously during the festival days and improvise something together on stage.



Body Rhythm Night

When? 19 May 2024, 21:00 h

Where? FABRIK

A show for the eyes and ears: Body Rhythm Night brings together renowned body music artists from all over the world on the FABRIK stage, merging song, rhythm and dance into a new genre. For the seventh time, the concert evening is the highlight of the Body Rhythm Festival.

Artists

Anna Llombart

Barcelona, Spain

Anna, the accomplished dancer, teacher, and choreographer specializing in body percussion and tap dance, has a distinguished artistic journey.



© Ariadna Trias

Her multifaceted roles as an artistic director, choreographer, and dancer allow her to shape the entire creative process within her groups. Recent highlights include premiering "La Gran Fuga" with the Rhythm dance group WOODBEATS in 2021, performances at Teatre Apolo in Barcelona, and involvement in projects like Ritme i Compromís for social change through rhythm and tap dance.

Anna's contributions extend to teaching at Escola de música UT, choreographing for TV campaigns, coaching young talents in musicals, and co-directing impactful events like RHYTMO 2018. Her dedication to dance education and artistic expression is truly inspiring.

Workshops

Choreography Residency (two parts)

Let'dance! Immerse yourself in choreography, learn new patterns, and enhance your technique. Experience the joy of dancing in a group. Join us for a creative challenge and uplift your soul through dance! Be prepared to enter the stage at the Body Rhythm Night together...

Games and Resources for Rhythm Teaching

The workshop intends to introduce diverse concepts for exploring rhythm and movement, suitable for various age groups in educational settings. Games are crafted with multiple variations to offer a varied experience of rhythm within each activity.

Get started with Body Percussion

This is a workshop to get into the wonderful and playful world of rhythm played with our own bodies. No previous knowledge is required. Any kind of approaches, energies, ages, shapes, minds and ideas are truly very welcome to join. Adapt your challenge level as we progress!



Ben Schütz

Hamburg, Germany

Musician, festival founder, and educator Ben Schütz established the Body Rhythm Festival in Hamburg in 2015. This annual event draws 200 participants globally for workshops and concerts.

Ben imparts his expertise in body percussion at prestigious institutions like music academies, universities, and Goethe Institutes. His reach extends to coaching drama students, crafting arrangements for choirs, and collaborating with youth orchestras. Ben has been teaching and performing worldwide, from France to China, showcasing his diverse talents. Trained at the Music College Hanover in drums and percussion across jazz, rock, pop, and music education, Ben's global exploration has taken him to São Paulo, Brazil, where he continued to find inspiration for his engaging teaching methods.

Workshops

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Groove and Play our Festival Songs

It has become a cherished tradition for Ben to compose a song or rhythm choreography for the festival each year. This piece is then brought to life by the festival artists during the Body Rhythm Night. During the workshop, Ben offers a glimpse into his creative concepts from previous years and shares his rhythmic patterns, melodies, and choreographies.

Charles Raszl

Perugia, Italy

Charles, a Brazilian artist, infuses rhythm, capoeira, and dance into his unique style, creating imaginative grooves using only his voice, hands, and feet.



© Laura Sánchez

A member of Barbatuques, a renowned body percussion group, Charles has toured globally and collaborated with icons like Bobby McFerrin. With a background in classical guitar and choral conducting from São Paulo, he directs music shows, composes soundtracks, and leads workshops for all ages.

Charles's passion for Brazilian culture and music shines through his captivating performances, inspiring audiences worldwide. Since 2019, he has brought his artistry to Italy, continuing to spread joy and creativity through his work.

Workshops

Brazilian Rhythms & Dances

Be inspired by the vocal and body percussion arrangement of a Brazilian song. Let your body become a percussive, melodic and harmonic ensemble that dances and tells individual and collective stories.

From Body Percussion to Circlesinging

In this workshop, we'll explore diverse Brazilian rhythms through body percussion. These rhythms will be transformed into a melodic framework, with overlapping voices creating a counterpoint harmony, resulting in the creation of a Circle Song.

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Esther Diethelm

Hamburg, Germany

Esther Diethelm, a Swiss-born teacher, has honed her expertise in musical group processes through the TaKeTiNa method since 1991, offering transformative workshops and rhythm trainings all over Europe.

Trained in rhythm pedagogy and therapy by Reinhard Flatischler and Dr. Wolf Büntig, Esther's work integrates elements of dance, voice, improvisation, circle singing, and percussion. Influenced by traditional Korean percussion and Balinese gamelan music, her musical journey includes immersive experiences in Tanzania, northern Ghana, and Southeast Asia.

Esther's contributions extend to leading Taketina workshops, teaching at music academies, and partnering with renowned ensembles like the Deutsche Kammerphilharmonie. She also applies Taketina rhythm therapy in psychotherapeutic settings and enriches communities with her rhythmic expertise.

Workshops

TaKeTiNa – Exploring Odd Metres

Esther and Joachim will guide you into a profound experience of odd metres. TaKeTiNa allows a direct access to wide rhythmic cycles (e.g. 5, 7 or 9 beats) and their specific quality and activates your body knowledge of odd metres. This can be a source of inspiration and lead you to new places in your improvisation.

TaKeTiNa – Move & Groove in Polyrythms

In this exploration of polyrhythmic movements, you are gently invited to stretch the limits of your perception and coordination – a challenge and a lot of fun. By getting a sense in your body how to organize polyrhythms and enjoy complexity, you expand your musical comfort zone.

Gaël Aubrit

Lyon, France

Gaël fell in love with vocal improvisation and circlesongs through meeting Bobby McFerrin in 2010. He graduated in singing from ENM Villeurbanne and became a certified teacher of Allan Wright's vocal technique.



© Clement Aitrau

In 2012, he co-founded "chant pour tous," hosting free vocal improvisation events across Europe. 10 years later, more than 40 chant pour tous circles are happening every month all over France, Belgium, Switzerland, Réunion and Italy.

Gaël's philosophy combines accessible music practice with artistic refinement. He has developed tools for musical skill enhancement and led a three-year co-improvisation training program. Since 2019, he has been part of the teaching team of Bobby McFerrin's Circlesongs workshop in the USA and Gaël continues to expand his global network to promote the joy and educational value of improvised singing.

Workshops

Circlesongs

One person is in the center, giving patterns, improvising and leading the circle: (re-)discover this famous vocal improvisation form inspired by Bobby McFerrin, learn important basics both as a leader and as a chorister, in this beginner-friendly workshop.

Complementary Patterns in Vocal Improvisation

Discover the "fil-tapis-motif" system: three types of vocal patterns that help to improvise balanced arrangements, to change your habits and to develop more consciousness on various pattern characteristics.

5 and 7 in Vocal Improv

Enough with 4/4! Let's dive into the fascinating world of "odd metres", more specifically 5 and 7. Learn concrete tools that will allow you to identify odd metres, create vocal patterns and solo, until one day you become as comfortable in 5 and 7 as you are in 3 or 4.



© Valentin Jagodzinski

Jep Meléndez

Tenerife, Spain

Body Percussionist, Tap and Sand Dancer and Choreographer:

"Mr. Meléndez, in an intricate solo, juggles a polyrhythmic orchestra within his limbs."

Siobhan Burke, The New York Times.

Body Percussionist, Tap, and Sand Dancer, Jep Meléndez is a versatile artist with a unique blend of talents. Trained in tap dance in Barcelona and New York, he has also delved into classical dance, jazz, and Afro-Cuban percussion. Jep stands out for his innovative Body Percussion style, honed since 1992, making him a trailblazer in Spain and globally.

Emphasizing movement that produces sound, he has carved a niche as a leading figure in percussive dance. In addition to Body Percussion, Jep has mastered the art of sand dance, initially learning from Guillem Alonso in 1999 and later infusing it with a contemporary twist, performing barefoot. This fusion of techniques showcases Jep's distinctive and unconventional approach.

Workshops

Body Percussion and Folklore of the Canary Islands

We will explore a typical rhythm from the folklore of the Canary Islands - the work song of La Palma. Using basic body percussion techniques and coordination and dissociation exercises, we will delve into the rhythms and choreography proposed by Jep.

Hand Tricks & Weird Sounds

In this workshop we will investigate the different sounds and hand movements characteristic of Jep's language, with tools to train them and the use of them in some sequences and choreographies.

Repertoire

We will explore how Jep creates and constructs the rhythms and choreographies for his performances. We will also take a brief tour of the rhythms and choreographies featured in some of his most notable shows like Cambuyon, A l'unisson, and more.

La Cris

Gandía, Spain

**"I make music to remember.
I play my body to be present.
I sing to give thanks for what I have been given.
I use technology to honour the time we live in."**



The multi-instrumentalist La Cris describes herself as a musical nomad from Spain. Born in the Canary Islands, she refined her musical skills at institutions like the Escola Superior de Música de Catalunya and the Popakademie in Mannheim. La Cris blends Iberian and South American traditions with electronic music, creating a unique sound. She is active in various settings, from street art festivals to TV shows, spreading her love for music.

La Cris is passionate about music education, believing in its power to foster understanding and collaboration. Through workshops, she teaches children about music's creative aspects, emphasizing that everyone can make music.

Workshops

Boca Beats & Loop Station

Come and learn the foundation of what you already did as a baby: sounds and rhythms with your mouth! You will experience how to beatbox 3 different grooves and learn the basics of freestyle with a loop station. Bring water and all your spirit!

El Calor del Tabor

A playful and relaxed workshop to approach music from a feminine perspective. Get in touch with your body as a warm drum through games, traditional Spanish songs, your wildness and odd balls.

Groove Grieve

Music has always been a time for healing in the community. Music has always been a space to let the unheard be heard. Music has always been the greatest guardian of our emotions. In this workshop we will open a gentle creative process to groove our grieve. Without grieving, no true celebration can be born. Bring a notebook, a pencil and water, please.



Lior Shoov

France / Israel

A sensitive being, performer, songwriter and improvisation artist, Lior creates intimate, vibrant pieces from the present moment.

She explores musical expression and rhythmic techniques in a highly intuitive way, using uncertainty, playfulness and vulnerability as ingredients for creativity and humanity. Over the last 4 years she has been investigating: who is she? Behind the masks of identity. Free to be herself while accepting the tension and inviting attention to what is alive now.

An exploration of the connection between heart and action, expressing and being expressed, inspired by the simple presence of letting herself be seen.

She performs/ plays a new creation based on composed pieces and instant spontaneity to evoke and invoke the freedom of relationship and community - called "collective solo".

Workshops

Embodying our Intuitive Musicality

Trusting your natural spontaneity, embrace singularity, and be "free to just be" through musical presence. Release fear, express from the heart, and dare to feel real in embodying musical expression. Open to all beings willing to feel and play with their hearts.

From Automatic Writing to Intimate Expression (limited to 18 persons)

Discover human connection through vulnerability, intimacy, and emotional openness with simple musical presence. Explore "automatic writing," a technique of free, uncensored writing. This workshop requires a courageous heart to be authentically human and true to oneself.

Improvising in Odd Metres

Explore improvisation in time signatures of 3, 5, or 7. Embrace sensitivity, daring to feel, and welcome emotions through free solo improvisation with body percussion and voice. All levels are welcome to play and journey freely, moving through space, exploring movement, and connecting with rhythms uniquely.

Sarah Lasaki

Hamburg, Germany

Sarah Lasaki has captivated audiences worldwide with her dynamic performances. The Hamburg dancer toured the world for seven years with the percussion show STOMP.



© Laura Sánchez

Born into a family of artists, Sarah began her classical dance training at Ballettzentrum Hamburg John Neumeier from the age of five. Her passion for dance took her on a global adventure, studying various dance forms in France, England, USA and Nigeria. She performed in productions like Elton John's "AIDA" and the European premiere of "Dirty Dancing." A defining moment on her artistic journey was joining the renowned percussion show STOMP in 2007, where she showcased her unique blend of dance, rhythm, and infectious energy for seven exhilarating years.

Sarah's work with artists like Dante Thomas, Seeed and Nena highlights her diverse interests and unwavering passion. Today, she is exploring collaborative group processes in educational and social projects.

Workshops

Creating for Stage

Come and explore the synergy of body percussion and movement in the space. Let's discover an imaginative performance area as a canvas to create a collaborative piece, emphasizing community over hierarchy. We will cherish our intuition and combine ideas, exchange movements, and celebrate the power of collective creativity. Be prepared to enter the Open Stage together...

STOMP Technique

Come and refine your ear... how to sound like a band? Learn STOMP techniques, such as splitting up rhythm patterns and sharing them amongst the group. Let's rediscover how to play with each other and listen to one another. Experience the strength of each individual in a group. Let's boost our self-confidence through the group and the simple musical enjoyment.

Guest Artists' Workshops

© Will Lopes



Warm-up: Tuning the Body

by Anita Gritsch

Anita, body percussionist and yoga teacher from Austria, guides you in warming up your body for the day ahead. Stretch, yawn, and arrive in your body, preparing your mind and soul to embrace the festival this morning.

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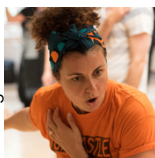


South African Songs & Gumboots

by Bongani Magatyana

Bongani from Cape Town adds humor and energy to his study of a "Gumboots" body percussion for a South African song. The session also includes a dynamic, body-oriented vocal warm-up led by Nathaniel Damon.

© V. Jagodzinski



Move & Groove

by Federica Loredan

Federica draws on her dance and music background to share practical tips from years of performances. Learn how to visually enhance rhythmic phrases and bring the rhythm to life in three dimensions.

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Yummy Vocal Music Treats

by Gitte Wolffson

Gitte, singer and educator from Berlin, specializes in creating lively, colorful, and inspiring vocal improv workshops combining games, Soundpainting, and Circle Singing techniques. Explore different sound spaces in the house!

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Under-, Over- & In-Between Tones

by Marcello Wick

Marcello, passionate singer, musician, and choir director from Switzerland, embraces improvisation wholeheartedly. We playfully discover overtone and undertone singing, connecting it with groove and group improvisation.

© Georg Tedeschi



Lailalalai

by Mattias Wyss

Mattias, body musician, and Annie Kummer Wyss, singer and improviser, both from Switzerland, welcome you to a body music and vocal adventure on a "flying carpet" with their orient-inspired original tune "Lailalalai".

© Thies Ibold



Layers of Movement

by Will Lopes

Meet Will, Brazilian Butoh dancer, actor, performer, body trainer, and theatre director. Explore movement's origin, resonance, clap textures, beat sensations, and dive into presence, time and space – through games and celebration.